



Fondazione  
Internazionale  
**LUMEN**  
**ETS**



## **Regulations of the "MenSalus" Club**

reserved for Supporters of the International Foundation LUMEN ETS

### **Art. 1 - Purpose**

The club promotes sociality, health, sustainability, and sharing among the Foundation's supporters through the provision of food and beverages and the organization of cultural and community activities.

### **Art. 2 - Access**

Access to the club is restricted exclusively to Foundation Supporters who are duly registered in the Register of Supporters and listed as Members, as well as to their family members living in the same household. Access is also permitted to relatives or friends of Members, provided they are accompanied by a Member and only on an occasional basis. Access is prohibited to non-Members who do not fall within the above categories.

### **Art. 3 - Identification**

Each member must have a specific QR code issued by the club office and can access the club upon identification. The QR code is valid for one year from its issue. Members can access the club until December 31st of the year the QR code expires, or until their membership is removed from the Supporters' Register.

#### **Art. 4 - Administration**

The products supplied by the Club are consistent with the statutory values and meet the following criteria: exclusively plant-based, predominantly seasonal, organic or using integrated pest management, and local.

The administration is regulated by SCIA presented to the Municipality of San Pietro in Cerro on 28 November 2025 Practice code: SMNMLN64T48E801W-202511251003-3710302

#### **Art. 5 - Operational management**

The operational management of the canteen is entrusted to the Vis Naturae scarl work cooperative, appointed through a specific agreement, under the supervision of the Foundation's Board of Directors.

#### **Art. 6 - Opening hours and rules of conduct**

The Club is open from 12:30 to 14:00 and from 19:00 to 20:30 from Tuesday to Saturday and from 12:30 to 14:00 on Sunday.

Members must maintain respectful behavior. Any violation may result in the suspension of the QR code that allows access.

#### **Art. 7 - Allergies and intolerances**

The table of food allergens that may be present in the dishes served is published as an appendix to these regulations. Members with food allergies or intolerances agree to check the list of allergens and notify the reception desk if they have specific requests.

#### **Art. 8 - Reports**

Supporters who wish to report discrepancies in the application of this regulation can write to [info@naturopatia.org](mailto:info@naturopatia.org) or contact the secretariat at +39 0523838172. The person in charge of reporting is the person in charge, Ms Luisa Del Bianco.

#### **Art. 9 - Amendments**

Any changes to the regulations are approved by the Foundation's Board of Directors.

Approved on: November 28, 2025

**Food allergen table:**

Gluten: cereals and derivatives (wheat, rye, barley, oats, spelt, kamut, etc.);

Peanuts: peanuts, products derived from them or containing them as ingredients (peanut oil, peanut butter, peanut flour, spreads and snacks);

Soy: soybeans, derivatives and products containing this ingredient (except for some derivatives, including refined soybean oils and fats);

Nuts: pistachios, almonds, hazelnuts, walnuts and all varieties of nuts, derivatives and products containing these ingredients;

Celery: present as an ingredient, even in minimal quantities, or in derived products (broths, soup preparations, sauces and vegetable concentrates);

Mustard: mustard and mustard seeds, present as an ingredient, even in minimal quantities, or in derived products;

Sesame: both in whole seeds (e.g. for coating bread and biscuits), and used as an ingredient or derivative, even in minimal traces (sometimes mixed in flours and condiments);

Sulfur dioxide and sulphites (SO<sub>2</sub>): in concentrations greater than 10 mg/kg or 10 mg/l (normally present as preservatives in canned fish products, pickled products, products in oil and brine, jams, vinegar, dried mushrooms, soft drinks, fruit juices, etc.);

Lupins: present as an ingredient, even in minimal quantities, or in derived products (due to its high protein content, it is often included in the preparation of industrial and non-industrial vegan products, such as vegan burgers and cured meats, flours and similar).